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**Wappingers Falls Resident FaLisia Cotten of Lutheran Care Center  
Elected Chair of State Adult Day Health Care Council**

POUGHKEEPSIE, N.Y. – March 1 – Lutheran Care Center at Concord Village (LCC) here has announced the election of employee FaLisia Cotten, LCSW-R, as chair of the board of directors of the state Adult Day Health Care Council, an affiliate of the New York State Association of Homes and Services for the Aging.

Cotten, of Wappingers Falls, N.Y., will lead the ADHCC and help carry out its mission to foster quality adult day health care for those in need throughout New York State, including the frail elderly, chronically ill, disabled adults and their caregivers.

Cotten is the director of the Adult Day Health Care/Foster Family Program at LCC, where she oversees more than 40 registrants in the adult day health care program and 20 clients in 16 homes in the foster family program.

“I will continue the advocacy that reminds our government officials of the viability of the ADHC programs and its very important place in the lives of the registrants and families who we touch,” said Cotten. The need to treat our elderly and infirmed with the dignity and respect that they deserve continues to be a personal mission.”

Before joining LCC, Cotten was a homecare social worker and foster family director for Fishkill Health Related Services, Beacon, N.Y. She has worked for the Dutchess County Department of Mental Hygiene, Poughkeepsie; and the Port Chester (N.Y.) Housing Authority, where she was a resident initiatives coordinator. Earlier in her career, she worked for Westhelp in Greenburgh, N.Y.; White Plains Hospital Center, White Plains, N.Y.; and the Kaiser Foundation Health Plan of the Northeast in White Plains. She also serves on the Board of Directors of the Dutchess County Department of Mental Health Hygiene.

A licensed clinical social worker, Cotten earned a bachelor of arts degree from Manhattanville College, in Purchase, N.Y., and a masters in social work from Fordham University, Tarrytown, N.Y., campus. Ms. Cotten enjoys serving in her church, traveling, reading and spending time with her children and grandchildren.

**About The Lutheran Care Network (TLCN):** Lutheran Care Center at Concord Village is part of The Lutheran Care Network that operates 11 senior care housing services, including skilled nursing and rehabilitation centers, independent living, adult day health care, adult foster care and home-care services in New York City, Long Island, Poughkeepsie, N.Y., and the Albany, N.Y., region. Its administrative office is in New Rochelle, N.Y.

**About ADHCC:** The Adult Day Health Care Council is dedicated to fostering the continuation and expansion of adult day health care in New York state, in an effort to meet the ever-growing needs of the frail elderly, chronically ill and disabled adults and their caregivers.

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